

Indian Alcoholism Counseling and Recovery House Program

The Indian Alcoholism Counseling and Recovery House Program provides human services for individuals that may in the future, or presently, have a substance abuse difficulty. The Recovery House often includes within its clientel those hard to place persons unable to find success with various other treatment facilities.

The Indian Recovery House established a lengthy track record of success with its treatment and prevention activities. These activities include community education, one-on-one counseling, group therapy and support group services. The underlying theme which has made these successes possible has been the utilization of a wholistic approach in the provision of substance abuse treatment and prevention.

Basic understandings of this wholistic approach is the integration of Native American philosophy as it addresses the physical, emotional, cognitive and spiritual aspects of human healthiness. With addiction, all four processes must be impacted and synthesized into a

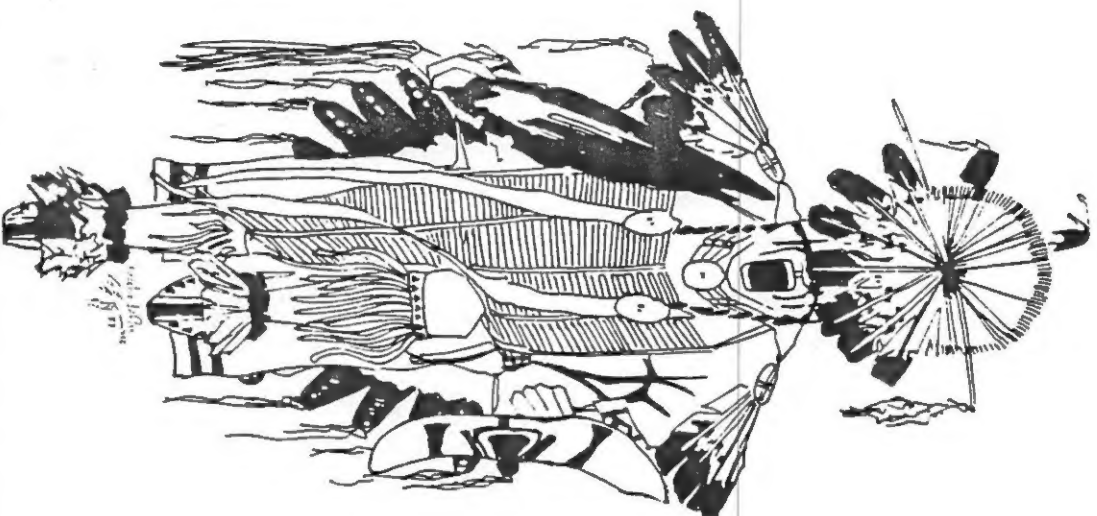
Not only must Recovery House staff look to provide services to community members that already have drinking or drug problems, it

is essential that they provide ongoing familial and community education intervention services. Human service provision includes all those needs that may arise for Native Americans, and often non-Indian, from birth until death.

The I.A.C. and R.H.P. includes among its services an alcohol abuse prevention program that focuses on Indian adolescents and their families, a residential treatment facility

that meets the needs of Indian and non-Indians and a general health clinic providing medical care for Indian families throughout the Wasatch Front.

The I.A.C and R.H.P. Treatment Facility and Prevention programs are located at 375 South 300 West in Salt Lake City. The Indian Health Care Clinic is at 146 East 600 South in Salt Lake City.



A contest was conducted to find Indian art to represent the Powwow. After many meetings by the committee, the drawing pictured above was selected for use in advertising the Powwow. The winning drawing was submitted by Kessley LaRose. Another piece of art submitted by Mr. LaRose has been used on the cover of the tabloid and Powwow T-shirts as well.

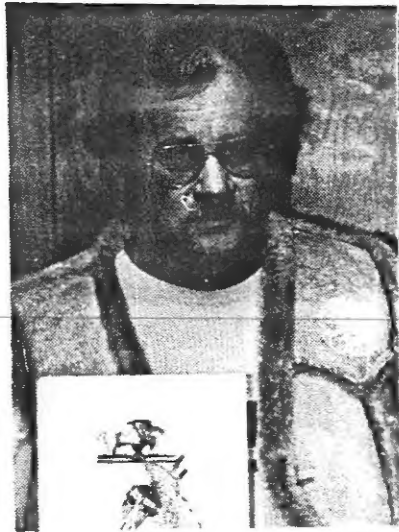


WFTL COME



Thanks for Sharing Your Dream

by Sonni Schwinn



Ken Davis

Ken Davis' lifelong admiration of Indians and their culture lead to a dream of bring an Indian powwow to Heber Valley. Now his dream has become a reality and the community says, "Thanks, Ken."

Ken had been visiting powwow for several years and got the idea of bringing one to the Heber Valley one day when he was listening to a program of Indian music on the radio. He called the Indian Disc Jockey, Jim Bilagody, to talk to him about the idea and the dream started to

take shape. Jim contacted Dennis Taylor at the Salt Lake Indian Recovery Center and other Indians in the area. Ken enlisted the help of Howard Christianson, and the powwow committee was formed. They proposed the idea to the Heber City Council and got enthusiastic support. Then the real work began.

Ken is a welder at the Park City Ski Resort, earning his wages and vacation time with hard work. Yet, he has generously donated his money and time, including this year's vacation, to MAKE

his dream happen.

A member of the Shadow of Timp Mountain Men for five years, Ken was elected president last summer, then resigned almost immediately to devote a year to the powwow project. Although he has remained a member of the Shadow of Timp governing board, his work on the powwow has kept him from enjoying many of their activities.

Ken was born in Midway, moved to Park City when he was about 12, then returned to the Heber Valley 21 years ago, with

his wife, Nancy. They have two married children, Bob and Annette, and two grandchildren.

Until a year ago, nobody had ever suggested a powwow in the Heber Valley and there was no way of knowing if it would succeed or fail. But Ken's enthusiasm, determination and dedication inspired so much confidence and support from the community that the Heber Valley powwow is already scheduled to return next year and become an annual event.

Thanks, Ken.

HEAD STAFF

Southern Host Drum	O-Ho-Mah Lodge Singers
Lead Singer	Millard Clark Oklahoma
Northern Host Drum	Little Corners Singers Browning, Montana
M.C.	David Brown Eagle Omak, Washington
Arena Directors	Lacee Harris Salt Lake City, Utah Derran Cuch Ft. Duchesne, Utah
Spiritual Leader	Joe Eagle Elk Rosebud, S. Dakota

HUB CAFE



The Best Food
in
Heber Valley

Heritage

The State of Utah has a heritage and history rich with Indian culture stemming from five separate tribes indigenous to this area. They are the Ute, Navajo, Paiute, Goshute and Shoshones. At present, almost half of Utah's 20,000 Native American population live along the Wasatch Front, representing tribes from all over America.

Although Utah has many Native American citizens and accepts the value of their culture, there exists minimal positive visible recognition or acknowledgement on the part of the dominant society.

The Heber Valley Powwow committee was formed as a result of several groups foreseeing a need for cooperation and communication with one common interest. This committee consists of Heber City officials, Wasatch County officials and respective citizens, Utah Division of Indian Affairs, Indian Alcoholism Counseling and Recovery House Program, and local Native American residents. The Heber Valley Powwow committee is a not-for-profit organization. The common interest of the Heber Valley Powwow committee is as follows:

1. To foster a positive awareness of Native American culture by the dominant society.
2. To create an acknowledgment of Native American culture and its importance to the historical heritage of Utah.
3. To offer a social-cultural event for which Native Americans and the people of Utah can look forward to annually.
4. Promote a positive image of Native Americans and help dispell the many myths, stigmas, and stereotypes associated with this culture.

The Powwow is considered as the gathering of many Nations. Many Indian tribes come together every year to sing and dance and compete. It's a time to meet old acquaintances and make new friends. A time for laughter and a time to share with one another our humility and spirit. It's a time for Indian people to share their culture and customs with the non-Indians. A time to tell stories and a time to reminisce old times past.

It's a time for all dancers to come into the arena that is symbolic in form. The circle and the four directions. Dancers entering from the east where all good comes from. A time to listen to the sound of mother earth's heart beat and dance to the drum. As the head man

dancer and head lady dancer enters the arena, the event begins. They lead the dancers and open the event and they close the event. The dancers are from different tribes and they dance different dances.

Men's Northern traditional, Men's Southern straight, Men's Grass dance, Men's Fancy dance, Jr. Boys Grass dance, Jr. Boys traditional, Jr. Boy's Fancy, Men and Women Golden Age dancers

Women's Northern traditional, Women's Southern traditional, Women's Fancy dance, Jr. girls tra-

ditional, Jr. Girl's fancy, Tiny Tots ages up to 8 years old.

There is a southern host drum and a northern host drum. They sing different songs for the dancers. There is also special songs and dances. Honor songs, round dance songs, Owl dance songs, Flag songs, and trick dance songs, and sneak up dance songs. It's all enjoyable to watch and participate in. Anybody can come and watch. Everyone from the non-Indian community is welcome to attend. It is for all people to enjoy.

TIMPANOGOS



TRADING POST

"We Specialize in the Unique"

POWWOW SPECIAL

20% OFF

ON INDIAN ARTS & CRAFTS

Indian Pottery — Jewelry — Paintings — Rugs
Wall Hangings — Baskets — Belts — Dolls
Peace Pipes — Souvenirs — Unusual Gifts



COME WATCH OUR POTTERS AT WORK!
Functional Stonewear * Planters * Vases
Oil Lamps * Potpourri Burners * Cups & Bowls
Bottles & Jugs

"THE SUN ROOM" features the Southwest look,
dish gardens, Applehead dolls, Unique Gifts

FATHER'S DAY SPECIAL
Cowboy Hat Planter with Cactus or Green Plants

20% OFF

Several POWWOW SPECIALS

June 2-4

Popcorn 10¢	Soft Drinks 25¢
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GOLD 'N' ARROW

A
N
D

CENTER CREEK POTTERY

150 North Main, Heber City Open Mon-Sat 9:00-8:00

For more 2-3-4-5 June 1988

Slide

PARK CITY SKI
the Alpine Slide.
ling curves, bank-
rou. Grab a sled.
Go as fast or as
rols the speed of

10:00 pm
o 10:00 pm

8111 or 649 7150

FF

Alpine Slide

PERSON

988 ONLY

REA, Park City, UT

Plans For Second Annual Powwow Moving Along

1-11-89
The Heber City Powwow Committee already has commitments for the Head Man Dancer, Head Woman Dancer, Spiritual Advisor, and Host Drum group for next June's annual Powwow, Ken Davis, Chairman of the Committee, reported to the Heber City Council last week.

He said he also expects the State Bureau of Indian Affairs and Salt Lake Indian Alcohol Rehabilitation Center to help sponsor the event like they did last year, but that they hadn't agreed to yet.

He said the Indian people were so pleased with last year's Powwow and the location at the County fairgrounds, that they plan to hold it there again. However, he said some new events are being added, including a two-day golf tournament prior to the Powwow and an Indian Princess Contest, to select a princess to represent the Heber Powwow at events across the state.

He said the Committee would like to hold a parade, bigger than the one last year. However, because Mayor Gordon Mendenhall has declared Main Street, an interstate highway, off-limits to parades, he said the Committee didn't know whether or not to go ahead with parade plans. The Mayor assured him the City would provide a parade route somewhere in the City.

Davis reported the Committee needs \$15,000 to \$20,000 to fund the Powwow, the same as last year. \$8,500 would be for prize money. He said that, once again, the Committee hopes local people and businesses will provide financial support.

He said some money has already been donated and a fund-raising dinner of fry bread is planned for Jan. 28 at the Senior Citizens dinner. He said he had requested some financial help from Wasatch County and from Lou Jackson, Heber Centennial Chairman, but had been refused. He asked the Council to contribute \$4,000, the same as last year, but said the money would be returned from Powwow proceeds if it made a profit.

The Council said they would consider the request. The Powwow was suggested as one place to put some of the money the City will receive for its old garbage cans.

Jackson, who didn't hear the discussion, explained later in the meeting that he felt the annual Powwow should become self-supporting, rather than requesting funds from government every year. He said he would be glad to advance some money for the Powwow if it could make enough to repay it. He said he would follow the Council's direction in the matter, but no action was taken.

During a private interview, Davis said the Powwow had the potential of becoming as big as Midway's annual Swiss Days, if it has community support. He said the object is for it to become at least self-supporting. He pointed out that even if it were to only break even, local businesses would gain from the influx of people drawn by the Powwow.

He further said this is the last year he intends to chair the Powwow Committee. He said if people in the County want the Powwows to continue, a government entity, service organization or other group needs to assume permanent leadership.

Total Income \$17,763.21

Cash Expenditures

Motels	\$468.50	
Lions Club	\$561.93	
Printing Costs	\$310.93	
Sound System	\$300.00	
Mailing Costs	\$312.00	Note 3
Tee Shirts	\$145.35	
Insurance	\$879.24	
Lights & Plugs	\$471.05	
Food & Drink	\$1,159.42	Note 1
Poster Prize	\$300.00	
Contestant Prizes	\$7,275.00	
Prof Fees	\$4,175.00	Note 2
Electricity	\$26.09	
Toilet Rental	\$250.00	
Booth Rental	\$250.00	
Canvas Repair	\$50.00	
Misc Expenses	\$183.62	
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	\$17,118.13	

Amount remaining to be used for 1989 startup expenses: \$645.08

Note 1: This amount represents \$980.85 paid to Coca Cola for beverages, and \$178.57 for ice and other misc. food items. Most of the food sold was donated by the Indian Alcohol Center of Salt Lake City. That amount is not reflected here.

Note 2: The Professional fees consist of fees paid to the Announcer, the Spiritual Advisor, the Host Drums, the Head Man Dancer, the Head Woman Dancer, and the Arena Directors.

Note 3: The costs of printing and mailing the posters was donated by the State Division of Indian Affairs, and is not reflected here.

Note: Powwow Committee, \$3,000 donation.

Powwow plans under way

By SONNI SCHWINN

Heber City Correspondent

HEBER CITY — The Heber City Powwow committee already has commitments for the Head Man Dancer, Head Woman Dancer, Spiritual Advisor, and Host Drum group for next June's annual powwow, Ken Davis, chairman of the committee, reported.

Coca-Cola, Inc. has agreed to help sponsor the next powwow, the same as last year, and the Heber Valley Chamber of Commerce has agreed to help with advertising, said Davis. He said he also expected the State Bureau of Indian Affairs and Indian Alcohol Rehabilitation Center, in Salt Lake City, to help sponsor the event like they did last year, but that they hadn't agreed to yet.

He said the Indian people were so pleased with last year's powwow, including the location at the county fairgrounds, that they planned to use it again. However, he said some new events have been added, including a two-day golf tournament prior to the powwow and an Indian Princess contest, to select a princess to represent the Heber Powwow at events across the state.

He said the committee would like to hold a parade, bigger than the one last year. However, because Mayor Gordon Merdenhall has declared Main Street, an interstate highway, off limits to parades, he said the committee didn't know whether or not to go ahead with parade plans.

27 Jan 1989

Wednesday, February 1, 1989

Pow Wow



The Heber Powwow Committee held a fund-raising supper Saturday evening at the Senior Citizen's Center, where diners were treated to Navajo tacos or stew and fry bread and a choice of dessert. Pictured, left to right, are some of the kitchen crew: Emily Harden, Brenda Sells, Melanie Roanhorse (Miss Indian U. of U. 1986-87), Ken Davis, Chairman, and Nola Lodge, (U. of U. Native American Studies).

2nd Annual HEBER VALLEY POW WOW

June 1, 2, 3, & 4, 1989
Wasatch County Fairgrounds
Arts and Crafts Booth Space Available

Camping spots for:

- ▲ Tee Pees (bring poles)
- ▲ Motor Homes
- ▲ Campers

will be available around the County Rodeo Grounds.
NO OPEN FIRES, PLEASE
Motel & Cafe facilities also available.

Enjoy beautiful Heber Valley and all its many activities!

○ Bowling
○ Swimming

○ Golf
○ Fishing

○ Hiking
○ Horseback Riding

○ Heber Rodeo
○ Old Town

FOR FURTHER INFORMATION, CALL
LAURA LEA CHRISTIANSEN

(801) 654-2385 or

KEN DAVIS (801) 654-2590 AFTER 5:00 P.M.

CONTRIBUTIONS ACCEPTED

NO DRUGS OR ALCOHOL ALLOWED

EVERYONE WELCOME

Presented by the Salt Lake Indian Alcohol Recovery Center, The Utah State Division of Indian Affairs, and the Heber Valley Pow Wow Committee

If you enjoyed last year's
POWWOW. . .

Come to our fund raiser on

Saturday

April 1, 1989

at the

Senior Citizen Center

90 North 100 West

Heber City, Utah

from 5 - 8 p.m.

and have

1 Indian Taco

or

2 Fry Bread

for only

\$3.00

Everyone is Welcome!

